



Denture care

New dentures

After having new dentures fitted, try to keep them in as much as possible during the day, to allow them to settle. If you have ulcers or sore spots that are not healing then you will need to see your dentist to have them adjusted. Dentures should always be taken out of the mouth at night. When out the mouth, they should be kept moist, in a glass of clean water.

If you had immediate dentures (this is when teeth are removed and a denture fitted straight way) then it is best to keep the dentures in the mouth for the first 24 hours.

Denture cleaning

It is important to clean your dentures twice a day. Always clean them over a sink of water, so they won't break if dropped. Clean your dentures with a soft brush and warm soapy water, or washing up liquid. You can get specific denture cleaning brushes in supermarkets and chemists.